Sunvil Supper Club



April 2018 - La Torta Sbrisolona

Ingredients (Serves 10)

- 200gms corn flour
- 200gms sugar
- 200gms butter (at room temperature)
- 150gms peeled almonds
- 50gms unpeeled almonds
- 2 large egg yolks
- 1 tsp vanilla extract
- Grated peel of one lemon

Method

- Pre heat the oven to 180 c (Gas mark 4)
- Mix the flour, sugar, vanilla extract and lemon zest
- Coarsely grind the peeled almonds with the softened butter
- Add the almond mixture to the flour mixture and mix well
- Add the egg yolks one at a time
- Pour the mixture into a greased and floured 26cm baking dish
- Spread the mixture evenly and decorate with the unpeeled almonds
- Bake for 45 60 minutes or until golden
- Allow to cool.
- To serve it, break it with your hands this will form a briciole

La Sbrisolona is a typical dessert of the city of Mantua. The rule wants it to be eaten in pieces and not sliced.

Find out more about our holidays to Italy at: www.sunvil.co.uk/discovery/italy